**How Does Observing the Lord’s Supper Benefit You?**  
John 6:48-58

**I. What Did the Lord Mean:  
“Eat My Flesh & Drink My Blood? – v53**

A. The Jews understood what He meant.

1. When an animal was sacrificed, what did it become?

2. What happened to the animal?

a. It was B\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on the altar.

b. It was E\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by the priests & the one bringing the offering.

c. What did they understand when they did this?

B. Non-Jewish people understood what He meant.

1. There were religions called “M\_\_\_\_\_\_\_\_\_\_\_ C\_\_\_\_\_\_\_\_”.

2. They had passion plays & communion services.

3. Memorable cult prayers.

**II. You Eat the Bread of Life Spiritually**

A. You eat the Lord through receiving the H\_\_\_\_\_\_\_\_ S\_\_\_\_\_\_\_\_\_\_ - Acts 2:37-38.

B. You eat the Lord by devouring His W\_\_\_\_\_\_\_\_\_\_\_ - I Peter 1:23; I Thessalonians 2:13 & I John 2:14.

C. You’ve got to eat to live – that is having F\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

1. If you don’t eat, you have no E\_\_\_\_\_\_\_\_\_\_\_\_\_ life – v53.

2. If you do eat, the Lord will R\_\_\_\_\_\_\_\_\_\_\_\_ you up – v54.

3. If you do eat, you are dwelling with Christ! – v55-56

**II. You Eat the Bread of Life Symbolically**

A. Where have you heard about eating flesh & drinking blood before?

1. I Corinthians 10:16 - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. I Corinthians 11:24-25 - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

3. Matthew 26:26-28 - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

4. Mark 14:22-25 - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

5. Luke 22:19-20 - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

B. How does observing the Lord’s Supper routinely benefit you?

1. You remember what the Lord did for you when . . .   
 Luke 22:19.

2. You remind yourself that you have consumed the Lord spiritually when . . .

3. You proclaim the Lord’s D\_\_\_\_\_\_\_\_ - I Corinthians 11:26.

4. You are reminded that we all one B\_\_\_\_\_\_\_\_\_\_ in Christ – I Corinthians 10:17.

5. You remember that you are participating in the Lord’s  
  
 R\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ life – I Corinthians 10:16.